



Community Resource Guide for Cleveland County

Programs that provide temporary financial assistance:

Greater Cleveland County Baptist Association

1175 Wyke Road; Shelby, NC 28150

(704) 481-9119

Applicants are seen on an appointment only basis.

Agency assists with clothing, food, medicine, utilities, rent or mortgage.

Kings Mountain Crisis Ministry

208 North Cleveland Ave., Kings Mountain, NC 28086

(704) 739-7256

Agency hours: Open: Mon., Wed., Thurs., Fri. 10 a.m. until 2 p.m.

Closed: Tues.

Agency assists with clothing, food, medicine, utilities, rent for residents of Kings Mountain/Grover area of Cleveland County.

The Salvation Army

305 North Lafayette St.; Shelby, NC 28150

(704) 482-0375

Agency hours: Monday thru Friday 10 a.m. until 12 noon; 1p.m. until 2p.m.

First come, first served basis

Agency assists with clothing, food, rent, utilities, medicine.

U-CAN (Upper Cleveland Area Needs)

The Bliss Center

230 Main Street; Lawndale, NC 28090

(704) 538-8417

Agency hours: Monday thru Friday 9 a.m. until 12 noon

Agency assists with clothing, food, utilities, household goods for residents of upper Cleveland County.

American Red Cross

Cleveland County Chapter; 1333 Fallston Road; Shelby, NC 28150

(704) 487-8594

Provides food, shelter, household assistance and medical assistance to victims of flood, fire, tornado, and other natural or man-made disasters. Also helps prepare the population for emergencies by teaching disaster preparedness classes.

Assists members of the armed services and their families in maintaining communications and contact during emergencies.

Cleveland County Fund for Children & Adults with Disabilities, Inc.

PO Box 1324; Shelby, NC 28151

(704) 487-1111

Provides emergency financial assistance to individuals and families living with a disability. A service of the Junior Charity League of Shelby in cooperation with United Way's Information and Referral Center.

Emergency Housing

Abuse Prevention Council

407 West Warren St.; Shelby, NC 28150

Office: (704) 487-9325

Crisis Hotline: (704) 481-0043

Lighthouse Shelter for Women and Children who are victims of domestic violence, sexual assault, and homelessness. Provides temporary shelter for 90 days.

Beacon Shelter for Men provides for basic needs; personal case management; and workshops for personal improvement.

The Salvation Army

107 South Broad St.; Gastonia, NC 28052

(704) 867-6145

Provides emergency shelter for men, women, and families.

Grace of God Rescue Mission

529 West Main Street; Forest City, NC 28043

(828) 245-9532

Provides temporary shelter for men and women.

Catherine's House, Inc.

400 Mercy Dr.; Belmont, NC 28012

(704) 825-9599

Telephone Interview Required.

Three month residential program for single women and women with children.

With Friends

2098 Keith Drive; Gastonia, NC 28053

(704) 866-7774

Provides temporary shelter for homeless youth.

Special Needs Housing

Crossroads Rescue Mission

206 Mt. Sinai Church Road; Shelby, NC 28152
(704) 482-8771

Provides temporary housing and employment assistance for men with substance abuse issues. Faith based treatment program.

House of Mercy

Belmont, NC 28012
(704) 825-8832

Provides residential and medical care for individuals living with AIDS.

Flynn Christian Fellowship House of Hickory

706 Main Avenue SE;
210 Second St. SE; Hickory, NC 28602
Men's Shelter (828) 324-8767
Women's Shelter (828) 328-6250

Serves as transitional housing after client has completed a 28 day substance abuse program.

"A Vet's Place"

Asheville Buncombe Community Christian Ministry

207 Coxe Ave.; Asheville, NC 28801
(828) 259-5333

Serves 65 military veterans in a transitional housing facility and has 12 emergency shelter beds.

Florence Crittenton Services

1300 Blythe Boulevard; Charlotte, NC 28236
(704) 372-4663 or (800) 448-0024

A safe place to live during an unplanned pregnancy. Services are provided to significantly reduce the many risks associated with single pregnancy for both mother and child.

Permanent Housing

City of Shelby Housing Department

801 Logan St., Shelby, NC 28150
(704) 484-6830

Rental apartments for low income, elderly and disabled individuals. Phone for information regarding eligibility guidelines and application process.

Kings Mountain Housing Authority

201 McGill Court; Kings Mountain, NC 28086
(704) 739-2816

Rental housing for low and/or moderate income individuals. Phone for information regarding eligibility guidelines and application process.

Section 8 Housing Assistance Program

127 West Graham St.; Shelby, NC 28150

(704) 487-0476

Phone for information regarding eligibility guidelines and application process for this program that provides rental assistance to Cleveland County residents.

Cleveland County Community Development Corporation

823 West Warren St., Shelby, NC 28150

(704) 480-7701

Provides affordable rental housing options to low and moderate income families and individuals in Cleveland County. Also provides pre and post home ownership counseling.

Support Services

Alconon

109 Bethlehem Rd., Kings Mountain, NC 28086

(704) 739-1180

Support programs for recovering alcoholics and their families. These programs include Al-Anon, Alcoholics Anonymous, and Narcotics Anonymous.

Offers Serenity Club, which is a place for fellowship, leadership, guidance and companionship for families and those suffering with substance abuse.

Alternative Community Penalties

100 Justice Place; Shelby, NC 28150

(704) 481-9913

Works with statewide agencies to provide rehabilitative services including drug/alcohol treatment and residency placement to those individuals assigned by the courts.

Abuse Prevention Council

407 West Warren St., Shelby, NC 28150

(704) 481-0043

Offers support with group services & individual counseling for adult & teenage victims of domestic violence, rape, sexual assault and sexual harassment.

Care Solutions

208 E. Grover St., Shelby, NC 28150

(704) 487-0968

Provides respite (relief) to caregivers as well as assessment and coordination of care for older & disabled individuals. Referrals to community services and resources are provided.

Council on Aging/The Senior Center

100 T. R. Harris Dr.; Shelby, NC 28150

(704) 482-3488

For adults age 55 and above. Agency provides information/case assistance and outreach/assistance which includes: transportation, emergency assistance, fan loan/medical equipment, income tax, legal and insurance assistance; in-home assistance (Title V); food pantry; day respite, housing & home repairs; congregate meals & Meals on Wheels. Also offers educational and socialization activities. Also provides and manages housing complexes for older adults.

First in Families of Cleveland County

Charleston Place Mall, Lower Level; E. Marion St.; Shelby, NC 28150
(704) 480-0151

Support service that offers individuals with disabilities and their families access to comprehensive, coordinated information about community resources and access to funding resources.

Gaston Community Action

827 South Washington St., Shelby, NC 28150
(704) 480-0722

Provides comprehensive services for families that include job placement, supportive services, food, child care, transportation, medical care tuition and other services to help families access their strengths.

Cleveland County Department of Social Services

130 South Post Rd.; Shelby, NC 28150
(704) 487-0661

Programs include Child Protective Services, Family Preservation, Foster Care and Adoptions, Child Care Subsidy Program, Crisis Intervention, Protective Services for Adults, Guardianship Program, Health Insurance Programs, and Monitoring Rest Homes.

Also provides these special assistance programs: Work First Cash Assistance, Work First Employment Services, Medicaid, NC Health Choice, Food Stamps, State-County Special Assistance for Adults, Low Income Energy Assistance, USDA Food Distribution, and Child Support.

Crisis Intervention Program provides financial help to households that are in a heating or cooling-related emergency. Sign up is in November.

Life Enrichment Center of Cleveland County

103 T. R. Harris Dr.; Shelby, NC 28150
(704) 484-0405

Adult day Health Care Services in centers located in Shelby and Kings Mountain. Deaf accessible.

Pathways MH/DD/SA

917 First St., Shelby, NC 28150
(704) 476-4052

24 hour crisis/suicide help line. Appointments available 8a.m. until 5 p.m., Monday thru Friday.

Jar'd and Preserve

First Baptist Church; Kings Mountain, NC 28086
(704) 739-5907

Anonymous support group for families of homosexuals. Meetings are every Thursday at 7:30 p.m.

Julian F. Keith Alcohol and Drug Abuse Treatment Center

201 Tabernacle Road; Black Mountain, NC 28711
(828) 699-3402

Treatment services include residential rehabilitation therapy and 10 bed detox unit for those with alcohol and other drug dependence.

Metrolina AIDS Project

227 East Boulevard; Charlotte, NC 28232
(704) 333-1435

Provides specialized assistance which includes comprehensive case management, support services, prevention education and direct financial assistance to people who are infected or affected by HIV/AIDS. These services are for people in Charlotte metro area and 12 surrounding counties.

Cleveland Vocational Industries, Inc.

650 North Post Road; Shelby, NC 28150
(704) 471-0606

Organized developmental activities for adults with developmental disabilities to prepare the individual to live and work as independently as possible. The diverse activities include vocational training, employment, personal and community living skills. NOTE: Program services are available to ages 16 years and above-must have physical or mental barrier.

Harvest Works, Inc.

A division of Cleveland Vocational Industries, located at 1334 Spake Circle, Shelby. This is an agriculturally based day activity program for developmentally disabled young adults.

Community Organization for Drug Abuse Prevention

Cleveland County Health Department
315 Grover Street; Shelby, NC 28150
(704) 484-5251

Offers assessment screening for chemical dependency, referrals for treatment, intervention skills training and workplace training for employees and management staff on developing a drug free workplace.

Also provides substance abuse prevention education for students, teachers, administrators and the community.

North Carolina Vocational Rehabilitation Services

1427 East Marion Street; Shelby, NC 28150
(704) 480-5412

Offers vocational assessment, counseling and job exploration services. These services are to aid individuals, with a vocational impairment, by alleviating the impairment, by assistance with surgery, therapy, appliances and assertive devices, work adjustment training, and job seeking skills.

Social Security Administration

707 Schenck Street; Shelby, NC 28150
(704) 480-6202

Administers all national Social Security programs including disability benefits and the Medicare Program.

Foster Grandparent Program of Cleveland County

132 West Graham Street; Shelby, NC 28150
(704) 482-4333

Offers senior citizens the opportunity to work as mentors and tutors for children with exceptional or special needs. Foster Grandparents serve in schools, Abuse Prevention Council shelters, YMCA Girls' Club, Boys' and Girls' Club and Head Start Programs. For their service, volunteers receive a tax-free stipend, reimbursement for transportation, meals during service, annual physical examinations, and accident and liability insurance while on duty.

Counseling

Abuse Prevention Council

407 West Warren St., Shelby, NC 28150
(704) 481-0043

Court advocacy and accompaniment for victims of domestic violence; emotional support and assistance for victims seeking 50-B protective orders.

Individual counseling and support/educational groups for adult and teenage victims of domestic violence, rape and/or sexual assault.

Family consultations for non-offending friends and family who want to help a loved one who is being, or has been, abused or assaulted.

Pathways Mental Health

917 First St., Shelby, NC 28150
(704) 476-4004

A system of care that provides emergency services 24 hours a day to those experiencing crisis due to psychiatric, emotional, behavioral, and substance abuse issues.

Encompasses hospital discharge follow-up services and emergency walk-in services. This service can include telephone and face to face assessments. 24 hour Emergency Helpline.

Mental Health Association in Cleveland County

201 West Marion Street; Shelby, NC 28150
(704) 481-8637

Provides depression support group and lending library. Also offers family support group for families of children with emotional/behavioral disorders. Conducts public awareness programs, workshops, and lectures for consumers, providers, and the community on all aspects of mental health.

Legal Aid of North Carolina

111 East Third Avenue, Suite 200; Gastonia, NC 28052
(704) 865-2357
(Serves Cleveland County)

Free legal assistance in civil cases to low income and elderly. Cases include health, housing, government benefits, domestic violence, consumer and employment legal issues. This agency does not handle criminal or traffic cases.

Credit Counseling Services/Cleveland County Community Development Corporation

823 West Warren Street; Shelby, NC 28150
(704) 480-7701

Offers budget development and management, housing counseling for pre purchases and delinquencies; debt repayment may be coordinated with client and creditor.

Medical and Dental Resources

Cleveland County Health Department

315 East Grover St., Shelby, NC 28150
(704) 484-5100

Assistance with medical needs, medication, dental, HIV/AIDS case management, maternity and child health services, including WIC.

Adult health services include pregnancy testing; breast and cervical cancer program, and eye clinic. Also immunizations and testing for sexually transmitted diseases.

Free services, sliding fee scale, Medicaid, Medicare; some income restrictions may apply for some clinics.

NOTE: Pharmacy at Health Department has maintenance medication assistance program in conjunction with CLECO patients. This program is open limited hours. Please phone (704) 484-5146 for further information.

CLECO Primary Care Network

101 East Grover St., Shelby, NC 28150
(704) 484-3647

A network of 6 clinics with doctors, physician assistants, and nurse practitioners who practice primary care. Offering medical services to those insured, as well as those not insured.

Sliding fee scale; Medicaid; Medicare, and Indigent Policy for those who qualify.

Cleveland Regional Medical Center

201 East Grover St., Shelby, NC 28150
(704) 487-3000

Fully accredited 261-bed, acute care, not for profit medical complex which includes a trauma center.

Services offered include Blumenthal Cancer Center whose programs are certified by the American College of Surgeons; Boot Camp for Expectant Dads; Breastfeeding Support Group; Charity Care which provides financial assistance to those persons who may be unable to pay for their medical care at Cleveland Regional Medical Center, and Life Line which provides emergency services to the elderly and disabled living independently in their homes with a push of a help button.

Hospice Cleveland County

951 Wendover Heights; Shelby, NC 28150
(704) 487-4677

Provides hospice care, longer-term residential care, as well as respite care. Also provides bereavement care, counseling and therapy for grief and loss which includes on-going support groups, camps for bereaved children, and educational workshops related to grief and loss.

Black Mountain Center

932 Old Highway 70; Black Mountain, NC 28805
(828) 669-3100

Residential and respite services for persons with developmental disabilities and Alzheimer's Disease.

Consultation, technical assistance, education and training are provided to individuals, families, agencies and providers who serve persons with Alzheimer's Disease, Developmental Disabilities, Traumatic Brain Injury, and other disabling conditions.

North Carolina Services for the Blind

130 South Post Road; Shelby, NC 28150
(704) 487-0661

Provides assistance for individuals who are eligible for eye examinations, glasses, treatments, surgeries, and eye medications.

Adaptive aid/equipment services include orientation, mobility instruction and equipment; training in self-help skills, techniques, and home management.

Veterans Administration Medical Center

1601 Brenner Avenue; Salisbury, NC 28144
(704) 638-9000 or (800) 469-8262

This medical facility for military veterans provides residential care and services in addition to an outpatient substance abuse treatment program.

Cleveland County Hearts and Hooves Therapeutic Riding Program

North Shelby School
1205 Northside Drive; Shelby, NC 28150
(704) 487-9941

Hosted by North Shelby School, helps improve physical and mental conditions for physically and mentally disabled children through weekly horse riding therapy sessions conducted by trained volunteers.

American Red Cross

Cleveland County Chapter; 1333 Fallston Road; Shelby, NC 28150
(704) 487-8595

Conducts blood mobiles and marrow drives to provide blood for citizens of Cleveland County. Also offers training to prevent or treat injuries with classes including CPR, First Aid, Water Safety, Disease Prevention, HIV/AIDS, Lifeguard, Babysitter Training.

Children's Services

Boys' & Girls' Club of Cleveland County

412 West Sumter Street; Shelby, NC 28150
(704) 471-2582

Provides recreational, educational and cultural after school programs. Open to boys and girls, first grade to age 17. Also provides summer day camp.

Children's Home of Cleveland County

425-C Cherryville Road; Shelby, NC 28150
(704) 484-2558

Provides an opportunity for children in court-ordered, out-of-home placements to live in a family-like atmosphere. Social services offered for the entire family. Referrals from Cleveland County Department of Social Services.

Southmountain Children's Home

7330 Myrtle Drive; Nebo, NC 28761
(828) 584-1105

Short and long term care for children removed from their homes by DSS due to neglect and/or abuse. Children live in residential-style homes with married couples. Services are

also provided to families to help facilitate reunification. NOTE: Child must be in custody of DSS and of school age.

Communities in Schools of Cleveland County

502 South Lafayette St., Shelby, NC 28150
(704) 480-5569

Community Learning Centers that offer after school academic homework assistance and enrichment activities at county's elementary schools. Also, CHAMPS is an after school academic enrichment program which provides a healthy snack, homework assistance, and enrichment activities to middle school students. Both of these programs offer parents' nights, resource fairs, and other family activities.

Cleveland County Partnership for Children

312 West Marion Street; Shelby, NC 28150
(704) 480-5620

Administers the Smart Start Program in Cleveland County, serving children birth to age 5 with focus on early childhood education, health and safety. With Smart Start funds, the Parents as Teachers program provides a home based program for parents with children ages birth to five. The program offers monthly developmental information and support. Periodic educational screenings are provided.

Dolly Parton Imagination Library-All children under age 5 years in Cleveland County are eligible to receive a **free** book in the mail each month. Parent/Guardians must complete an enrollment form per eligible child to begin receiving books.

Family Services, Inc.

Healthy Alternatives Learned for Tomorrow-HALT program provides assessment and 26 week counseling program for men who have identified the need to better control their anger, or who have been referred by the courts. The goal of this program is to teach participants positive ways to respond to daily life situations.

Cleveland County Head Start

105 East Ridge Street; Kings Mountain, NC 28086
(704) 476-8180

Developmental services for pre-school children and their families. Services include health, nutritional, educational, and social activities.

Child Care Connections

5 East Marion Street; Shelby, NC 28150
(704) 487-7397

Information and/or referral to child care providers. Also provides training and workshops to existing child care centers and family child-care homes. Also available is resource library for the use of up-to-date curriculum and materials by child care businesses.

**Cleveland County Family YMCA
Girls' Club YMCA**

821 West Warren Street; Shelby, NC 28150
(704) 484-8431

Promotes physical, social, cultural, vocational, and personal development in school-age girls. Offers after-school and summer enrichment programs for girls ages 5-13.

Boy Scouts of America, Piedmont Council

1222 East Franklin Boulevard; Gastonia, NC 28054
(704) 864-2694

Provides youth protection information, leadership development for youth and adults. Youth Citizenship Development and Outdoor Skills Training Programs. Weekend and week long camping sessions available throughout the year. Youth may be registered anytime during the year by calling the scout service center.

Girl Scouts of the Pioneer Council, Inc.

250 South New Hope Road; Gastonia, NC 28054
(704) 864-3245

Troop and group meetings are held September through May. Leadership Development Programs are available for youth and adults. Programs are age level appropriate and focus on math, literacy, sciences, and wellness.

Camp Rotary, Camp Golden Valley (in Rutherford County), and the Girl Scout Hut at Shelby City Park are available for troop use.

Transportation

TACC Transportation Administration of Cleveland County

952 Airport Road; Shelby, NC 28150
(704) 482-6465

Transportation services for clients of participating human service agencies. Rural general public transportation for anyone.

Soup Kitchens

Shelby Presbyterian Church

226 East Graham Street; Shelby, NC
Monday: 10:00-11:30
Thursday: 10:00-11:30

Central United Methodist Church

200 East Marion Street; Shelby, NC
Tuesday: 11:45-12:30

Hopper's Chapel Baptist Church

415 West Graham Street; Shelby, NC
Wednesday: 12:00-1:00

First Baptist Church

120 North Lafayette Street; Shelby, NC

Friday: 12:30-1:30

Food Pantries**Church of Christ**

845 West Warren Street; Shelby, NC 28150

(704) 482-8521

Monday-Friday 9:00 a.m.-2:00 p.m.

Fallston Baptist Church

109 Circle Drive; Fallston, NC

(704) 538-7161

Monday-Friday 9:00 a.m.-12:00 p.m. and Wednesday, 7:00 p.m.-8:00 p.m.

Friendship United Methodist Church

(704) 538-9260

Fallston Only

Monday-Friday 8:30 a.m.-11:30 a.m.

Boiling Springs Baptist Church

307 Main Street; Boiling Springs, NC

(704) 434-6244

Monday-Friday 9:00 a.m.-4:30 p.m.

Washington Baptist Church

1920 Stoney Point Road; Waco, NC

(704) 435-3138

Thursday 12:00 p.m.

First Spanish Baptist Church

207 Caleb Road; Shelby, NC

(704) 734-1626

